









# DT Overview

Project	Disciplinary Knowledge	Substantive Knowledge	Language	SDG
<b>EYFS</b>				
<p><b>Mechanisms in our environment</b></p> 	<ul style="list-style-type: none"> <li>• Explore different mechanisms found in the environment, like doors that open and close or wheels on a toy.</li> <li>• Draw simple pictures to show how they want something to move, like a toy car or a gate.</li> <li>• Use simple materials like cardboard and paper to make a moving part, such as a wheel or a flap.</li> <li>• Talk about how their model moves and what they like about it.</li> <li>• Understand basic movement, like how pushing or pulling can make something move.</li> </ul>	<ul style="list-style-type: none"> <li>• Identify simple properties of materials (soft, hard, rough, smooth).</li> </ul>	<p>Lever Pulley Gear Rotate Lift Push Pull Move</p>	
<p><b>Textiles</b></p> <p><b>Festival Decorations.</b></p> 	<ul style="list-style-type: none"> <li>• Look at different decorations used in festivals, like bunting or hanging ornaments.</li> <li>• Talk about what colours and shapes they see in these decorations.</li> <li>• Draw a picture of a decoration they would like to make for a festival.</li> <li>• Choose their favourite colours and shapes for the decoration.</li> <li>• Use fabric pieces, felt, or paper to create their decoration.</li> <li>• Practice simple skills like cutting out shapes and gluing or attaching pieces together.</li> <li>• Show their decoration to the group and talk about what they like about it.</li> <li>• Discuss how their decoration makes them feel.</li> <li>• Understand the idea of joining pieces together to make something.</li> </ul>	<ul style="list-style-type: none"> <li>• Understand basic material types (wood, plastic, fabric).</li> <li>• Use basic tools safely (e.g., scissors, glue).</li> <li>• Construct simple structures and explore stability.</li> <li>• Recognise and use simple mechanisms (e.g., wheels, axles).</li> <li>• Generate simple ideas for making and designing.</li> <li>• Test and modify creations to solve problems.</li> <li>• Notice and discuss designed objects in everyday life.</li> </ul>	<p>Sparkle Bright Colour Hang Ribbon Glitter Shine Ornament Festive Star</p>	
<p><b>Junk Modelling/ Construction</b></p> 	<ul style="list-style-type: none"> <li>• Collect different items that can be used for junk modelling, like boxes, bottles, and lids.</li> <li>• Talk about where these items come from and why reusing them is helpful.</li> <li>• Think about what they want to make, like a car, a robot, or a building.</li> <li>• Draw a simple picture to show what they want to create.</li> <li>• Use the junk materials to build their model, experimenting with stacking, sticking, and joining parts.</li> <li>• Practice using tools like glue sticks or tape to attach pieces.</li> <li>• Show their model to others and talk about what they made.</li> <li>• Discuss what they like about their creation and how they made it.</li> <li>• Learn how to join different items together using glue or tape.</li> </ul>	<ul style="list-style-type: none"> <li>• Collaborate and share ideas during building activities.</li> <li>• Describe and communicate ideas using simple vocabulary.</li> </ul>	<p>Build Stick Cut Glue Join Shape Create Cardboard Tape Make Model</p>	



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<b>Explore understanding of food – A world of food</b> 		<ul style="list-style-type: none"> <li>• Explore and develop skills in mixing/decorating/cutting/spreading</li> <li>• Begin to think of interesting ways to decorate food.</li> <li>• Describe differences between some food groups (i.e. sweet, vegetable etc.).</li> <li>• Discuss how fruit and vegetables are healthy.</li> <li>• Say where some foods come from, (i.e. plant or animal).</li> <li>• Describe textures, tastes and preferences of a variety of foods.</li> <li>• Know the importance of washing hands &amp; cleaning surfaces.</li> <li>• Discuss the rules of food safety and hygiene.</li> </ul>		Tasty Sweet Spicy Crunchy Sour Different Smooth Juicy Favourite	
<b>Project</b>		<b>Disciplinary Knowledge</b>	<b>Substantive Knowledge</b>	<b>Language</b>	<b>SDG</b>
<b>Year 1</b>					
Workbook		<ul style="list-style-type: none"> <li>• Use the workbook to write down and draw simple ideas.</li> <li>• Record basic reasons for their design choices and share simple thoughts about what worked well.</li> <li>• Collect textures, patterns, and simple samples to use in their project.</li> </ul>			
<b>Explore understanding of food - fruits</b> 	Fruit Kebabs Smoothies Apple Crumble	<b>Explore and develop skills in cutting, peeling, mixing, blending</b> <b>Design/Make/Evaluate</b> <ul style="list-style-type: none"> <li>• Begin to design and create appealing products based on some simple design criteria.</li> <li>• Begin to learn how to evaluate their product.</li> <li>• Design food that is visually appealing.</li> </ul> <b>Nutrition</b> <ul style="list-style-type: none"> <li>• Begin to know the properties of ingredients and the importance of varied diet.</li> <li>• Explain how food and drink are needed for active/healthy bodies.</li> </ul> <b>Consumer Awareness</b> <ul style="list-style-type: none"> <li>• Understand how a variety of food is grown and where their ingredients have come from.</li> <li>• Know that a variety of factors makes food appealing.</li> </ul> <b>Food Safety and Hygiene</b> <ul style="list-style-type: none"> <li>• Explain hygiene and keep a hygienic kitchen.</li> <li>• Know when to ask for adult help to assist in cooking and preparing food.</li> </ul>	<ul style="list-style-type: none"> <li>• To know the basic rules of kitchen safety.</li> <li>• To know and recognise at least 10 fruits.</li> <li>• To know what makes an item a fruit.</li> </ul>	Names of equipment, name of utensil, food hygiene, hand washing, safety, fruit names, design, make, Fruit names, seasonality, products, design criteria, product	6, 2, 12
<b>Inclusive Playground Design</b> 	Can I design, make and evaluate a new desirable playground for my local community to promote inclusion and physical wellbeing in young people?	<b>Research</b> <ul style="list-style-type: none"> <li>• Explore different types of playgrounds and identify features that make them inclusive for everyone.</li> <li>• Learn about the materials used in playground structures and why they are chosen.</li> </ul> <b>Design/Make/Evaluate</b> <ul style="list-style-type: none"> <li>• Generate simple ideas for an inclusive playground, considering the needs of all community members.</li> </ul>	<ul style="list-style-type: none"> <li>• To know what a free-standing structure is.</li> <li>• To know how to make a structure stable</li> <li>• To know that an accurate drawing is important when designing a product.</li> </ul>	structure, wall, tower, framework, weak, strong, base, top, underneath, side, edge, surface, thinner,	11, 3


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		<ul style="list-style-type: none"> <li>• Develop ideas through drawings, focusing on features that make the playground accessible.</li> <li>• Practice joining different materials to build a simple model of a playground.</li> <li>• Use basic tools to cut, shape, and assemble components with teacher guidance.</li> <li>• Compare their playground model to existing playground structures, discussing what makes it inclusive.</li> <li>• Talk about what works well and what could be improved.</li> </ul> <p><b>Technical Knowledge</b></p> <ul style="list-style-type: none"> <li>• Learn different methods of joining materials, such as using glue or fasteners.</li> <li>• Understand simple structural features like balance and support.</li> </ul>		<p>thicker, corner, point, straight, curved, brace, freestanding.</p>		
<p><b>Sliders and Levers – Eco Book</b></p> 	<p>Can I design, make and evaluate a class information book to help explain to Reception class how to save energy, recycle and look after the planet?</p>	<p><b>Research</b></p> <ul style="list-style-type: none"> <li>• Understand the concept of saving energy and why it is important at home and school.</li> </ul> <p>Explore existing books that use simple sliders and levers.</p> <p><b>Design/Make/Evaluate</b></p> <ul style="list-style-type: none"> <li>• Generate simple ideas for an energy-saving information book.</li> <li>• Develop ideas through drawings, including where sliders and levers can be used.</li> <li>• Plan and suggest the next steps in making their book.</li> </ul> <p>Create sliders and levers, using tools to cut and attach pieces accurately.</p> <ul style="list-style-type: none"> <li>• Test how well the sliders and levers work in the book.</li> </ul> <p>Discuss how their book helps communicate saving energy effectively.</p> <p><b>Technical Knowledge</b></p> <ul style="list-style-type: none"> <li>• Understand how sliders and levers work to create movement. Use correct terms like "lever," "slider," and "pivot."</li> </ul>	<ul style="list-style-type: none"> <li>• Know what a lever/slider is.</li> <li>• To know what a mechanism is.</li> <li>• To know the importance of recycling and saving energy.</li> <li>• To know that different mechanisms produce different types of movement.</li> </ul>	<p>lever, slider, mechanism, pivot point, arc, slot, bridge, guide, lever, pivot, slider, left, right, push, pull, up, down, forwards, backwards, arc, straight</p>	7	
<b>Project</b>		<b>Disciplinary Knowledge</b>		<b>Substantive Knowledge</b>	<b>Language</b>	<b>SDG</b>
<b>Year 2</b>						
Workbook		<ul style="list-style-type: none"> <li>• Plan and explore simple ideas by drawing and writing.</li> <li>• Gather and record textures, patterns, and samples used in their work.</li> <li>• Suggest simple improvements for their own projects.</li> <li>• Use simple words to describe their work, starting to develop a design vocabulary.</li> </ul>				
<p><b>All-Terrain Litter Trolley (Wheels and Axles)</b></p> 	<p>Can I design, make and evaluate a stable vehicle for litter collection over various terrains?</p>	<p><b>Research</b></p> <ul style="list-style-type: none"> <li>• Learn about different ways to collect litter and why a cart might be better than carrying by hand.</li> <li>• Explore different wheel types and how they work on different surfaces.</li> </ul> <p><b>Design/Make/Evaluate</b></p> <ul style="list-style-type: none"> <li>• Use prior knowledge of levers to develop ideas for a litter trolley.</li> </ul>	<ul style="list-style-type: none"> <li>• Know what an axle is and its function.</li> <li>• To know that wheels and axles can be assembled in different ways.</li> <li>• To know what a chassis is and its function.</li> </ul>	<p>Net, axle holder vehicle, wheel, chassis, body, dowel, masking tape, hacksaw, vice.</p>	6	



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		<ul style="list-style-type: none"> <li>• Draw and label the trolley design, showing where wheels and axles will be used..</li> <li>• Plan the building process step-by-step.</li> <li>• Use tools to measure, cut, and join parts to create a moving trolley, choosing materials based on their properties.</li> <li>• Test the trolley on different surfaces to see how well it moves.</li> <li>• Identify strengths and suggest improvements to make the trolley more effective.</li> </ul> <p><b>Technical Knowledge</b></p> <ul style="list-style-type: none"> <li>• Understand how wheels and axles function, including fixed vs. freely moving axles.</li> <li>• Use the vocabulary for parts like "axle," "wheel," and "chassis."</li> </ul>			
<p><b>Glove Puppet for Mental Health (Monster Hand Puppet)</b></p> 	<p>Can I design, Make and Evaluate a glove puppet for themselves to promote mental health through role play?</p>	<p><b>Research</b></p> <ul style="list-style-type: none"> <li>• Learn about mental health and why it is important for everyone, including ways we can talk about feelings.</li> <li>• Explore different types of glove puppets and how they can help express emotions.</li> </ul> <p><b>Design/Make/Evaluate</b></p> <ul style="list-style-type: none"> <li>• Generate ideas for a monster hand puppet that can be used to promote mental health.</li> <li>• Draw a design for the puppet, labelling colours, materials, and features.</li> <li>• Follow the design to sew the puppet, using running stitch or whip stitch.</li> <li>• Use safe techniques for cutting fabric and joining parts.</li> <li>• Test the puppet and discuss how well it represents emotions.</li> <li>• Compare the finished puppet to the original design, suggesting any improvements.</li> </ul> <p><b>Technical Knowledge</b></p> <ul style="list-style-type: none"> <li>• Learn how to use basic stitches like running stitch and whip stitch.</li> <li>• Understand the properties of different fabrics and why they are suitable for the puppet.</li> </ul>	<ul style="list-style-type: none"> <li>• To know appropriate ways to join fabric.</li> <li>• To know what a template it.</li> <li>• To know ways to embroider/decorate their product.</li> </ul>	<p>Needle, thread, scissors, template, puppet, fabric, design, purpose, glove puppet, finger puppets, marionettes, rod puppet needle, thread, design, embroider, evaluate, fray, hand puppet Seam, sew, components,</p>	3
<p><b>Explore understanding of food – vegetables</b></p> 	<p>Vegetable Soup Hummus and fresh Vegetables Coleslaw</p>	<p><b>Explore and develop skills in Cutting/chopping, peeling, mashing, grating, mixing, heating</b></p> <p><b>Design/Make/Evaluate</b></p> <ul style="list-style-type: none"> <li>• Make products look attractive.</li> <li>• Carefully select ingredients considering taste and texture.</li> <li>• Evaluate products made based on their own likes/dislikes.</li> </ul> <p><b>Nutrition</b></p> <ul style="list-style-type: none"> <li>• Describe how healthy diet equals variety/balance of food/drinks.</li> <li>• Think about how to grow plants to use in cooking.</li> </ul>	<ul style="list-style-type: none"> <li>• Recognise at least 20 vegetables.</li> <li>• Know what makes an item a 'vegetable'.</li> <li>• Know what the 'Eat-well' plate is and recommended proportions of food consumed.</li> <li>• Know that different fruit and vegetables grow in different seasons.</li> </ul>	<p>, Taste, texture, like, dislike, balance, healthy, ingredients, planning, investigating tasting, arranging, popular,</p>	2, 6



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		<ul style="list-style-type: none"> <li>Explore eat well plate; explain there are groups of food, describe "five a day"..</li> </ul> <p><b>Consumer Awareness</b></p> <ul style="list-style-type: none"> <li>Begin to understand food comes from UK and wider world, needing different environments/climate.</li> <li>Explore branding of food and drink products.</li> <li>Begin to explore the seasonality of food.</li> </ul> <p><b>Food Safety and Hygiene</b></p> <ul style="list-style-type: none"> <li>Use a greater variety equipment safely including asking for help when heating or preparing food.</li> <li>Explain the basics of food hygiene including clean hands, surfaces, hair, jewellery, nail varnish.</li> </ul>		design, evaluate, criteria, 30 x vegetable names.		
<b>Project</b>		<b>Disciplinary Knowledge</b>		<b>Substantive Knowledge</b>	<b>Language</b>	<b>SDG</b>
<b>Year 3</b>						
	Workbook	<ul style="list-style-type: none"> <li>Observe and record different materials, experimenting with them.</li> <li>Use a design brief to come up with ideas for projects.</li> <li>Plan and record the materials used for prototypes.</li> <li>Explain decisions made, giving reasons for choices.</li> <li>Add comments to show how to improve their work and reflect on what worked or didn't.</li> <li>Use simple annotated sketches to communicate ideas.</li> </ul>				
<p><b>Picture Frame as a Gift</b></p> 	Can I design, make and evaluate a sturdy picture frame as a gift.	<p><b>Research</b></p> <ul style="list-style-type: none"> <li>Investigate different types of picture frames, focusing on how they are constructed and reinforced.</li> <li>Consider what makes a picture frame visually appealing.</li> </ul> <p><b>Design/Make/Evaluate</b></p> <ul style="list-style-type: none"> <li>Create ideas for a picture frame, taking into account strength and aesthetics.</li> <li>Develop and communicate ideas through annotated sketches, indicating where reinforcement is needed.</li> <li>Plan the building process, listing materials and tools needed.</li> <li>Accurately measure, cut, and join wood to build a strong frame.</li> <li>Apply finishing touches to make the frame visually appealing as a gift.</li> <li>Compare their picture frame to existing products, focusing on strength and appearance.</li> <li>Discuss strengths and areas for improvement based on their design goals.</li> </ul> <p><b>Technical Knowledge</b></p> <ul style="list-style-type: none"> <li>Learn how to reinforce materials to make them stronger.</li> <li>Use correct terminology for materials and methods, such as "reinforcement," "join," and "aesthetic."</li> </ul>	<ul style="list-style-type: none"> <li>To know what items can be recycled and reused</li> <li>To know how to design a functional product that is fit for purpose.</li> <li>To know how to accurately measure and cut</li> <li>To know different ways of attaching materials.</li> </ul>	Stability Reinforce Frame Joinery Structure Upright Horizontal Strength Balance Secure	12	


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<p><b>Shadow Puppet Character (Levers and Linkages)</b></p> 	<p>Can I design, make and evaluate a mechanical shadow puppet using levers and linkages</p>	<p><b>Research</b></p> <ul style="list-style-type: none"> <li>Investigate different types of shadow puppets and how they use movement.</li> <li>Compare different types of linkages used in puppets to create motion.</li> </ul> <p><b>Design/Make/Evaluate</b></p> <ul style="list-style-type: none"> <li>Develop ideas for a shadow puppet using their knowledge of levers from Year 1.</li> <li>Create annotated sketches showing where linkages will create movement.</li> <li>Create linkages using card and split pins to allow movement.</li> <li>Assemble the puppet, ensuring each part moves as intended.</li> <li>Test the puppet to see how effectively it moves and creates a shadow.</li> <li>Discuss how the linkages improved the movement of the character.</li> </ul> <p><b>Technical Knowledge</b></p> <ul style="list-style-type: none"> <li>Understand how linkages create movement by connecting levers.</li> <li>Use terms like "linkage," "lever," and "pivot" accurately.</li> </ul>	<ul style="list-style-type: none"> <li>To know what a pivot mechanism is, and how it is used</li> <li>To know what a lever and linkage is.</li> <li>To know what a prototype is.</li> <li>To know the design process.</li> </ul>	<p>Mechanism, lever, linkage, pivot, slot, bridge, Guide, Input Movement, Output Movement Fixed pivot Loose pivot Evaluate</p>	
<p><b>Explore understanding of food – carbohydrates</b></p> 	<p>An investigation into world flour Flat Bread, Scones and Pasta</p>	<p><b>Explore and develop skills in cutting, peeling, mixing, blending, grating. Kneading, baking, weighing and measuring</b></p> <p><b>Design/Make/Evaluate</b></p> <ul style="list-style-type: none"> <li>Think about presenting product in interesting/ attractive ways.</li> <li>Explore how using different ingredients and methods can change the taste/texture of products.</li> <li>Evaluate products made by themselves and others.</li> </ul> <p><b>Nutrition</b></p> <ul style="list-style-type: none"> <li>Describe eat well plate and how a healthy diet equals variety / balance of food and drinks.</li> <li>Explain importance of food and drink for active, healthy bodies.</li> </ul> <p><b>Consumer Awareness</b></p> <ul style="list-style-type: none"> <li>To explore the reason for consumer choices</li> <li>Begin to know that food is marketed specifically at consumers.</li> </ul> <p><b>Food Safety and Hygiene</b></p> <ul style="list-style-type: none"> <li>Know the importance of how to be safe/hygienic.</li> <li>Understand how to use a greater variety of kitchen equipment safely.</li> <li>Understand that food allergies affect safe food preparation.</li> </ul>	<ul style="list-style-type: none"> <li>To know what a carbohydrate is.</li> <li>To know what a consumer is.</li> <li>To know different foods, have a different cost and come from different places.</li> <li>To know the importance of how to be safe and hygienic</li> <li>To know key ingredients can be exchanged.</li> <li>To know an increased variety of cooking techniques.</li> </ul>	<p>hygiene, ingredients, dough, flour, wholemeal, unleavened, nutrition, varied, gluten, carbohydrate, harvest, grain, knead, bake, weigh, measure, consumer, allergy, allergen</p>	<p>6, 2, 12</p>
<b>Project</b>		<b>Disciplinary Knowledge</b>	<b>Substantive Knowledge</b>	<b>Language</b>	<b>SDG</b>
<b>Year 4</b>					
<p>Workbook</p>	<ul style="list-style-type: none"> <li>Collect and record visual information from different sources.</li> <li>Plan and try out ideas, thinking about materials and techniques.</li> <li>Use specific criteria to guide design choices and show how it will work through annotations.</li> <li>Adapt and improve original ideas as they develop, recording changes in the workbook.</li> <li>Keep notes to explain their intentions and innovations.</li> </ul>				

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		<ul style="list-style-type: none"> <li>• Use cross-sectional diagrams to show details.</li> <li>• Evaluate their product and suggest improvements to make it more appealing.</li> <li>• Start to use basic technical vocabulary to describe their work.</li> </ul>			
<p><b>Litter Picker (Hydraulics and Pneumatics)</b></p> 	<p>Can I apply my knowledge of hydraulic with levers to create a litter picker to clean up my local area.</p>	<p><b>Research</b></p> <ul style="list-style-type: none"> <li>• Explore different types of litter pickers and their mechanisms.</li> <li>• Learn how hydraulics and pneumatics are used in everyday products to create movement.</li> </ul> <p><b>Design/Make/Evaluate</b></p> <ul style="list-style-type: none"> <li>• Develop ideas for a litter picker using prior knowledge of levers and linkages.</li> <li>• Create a design that incorporates either a hydraulic or pneumatic mechanism.</li> <li>• Formulate a step-by-step plan for making the litter picker.</li> <li>• Assemble materials, incorporating a simple hydraulic or pneumatic system for grabbing.</li> <li>• Test the litter picker to evaluate its reach, strength, and ease of use.</li> <li>• Identify what worked well and suggest improvements.</li> </ul> <p><b>Technical Knowledge</b></p> <ul style="list-style-type: none"> <li>• Understand the basic principles of hydraulics and pneumatics.</li> <li>• Use terms like "hydraulic," "pneumatic," and "cylinder" accurately.</li> </ul>	<ul style="list-style-type: none"> <li>• To know what a pneumatic and hydraulic mechanism is, and how they are used</li> <li>• To know what a lever and linkage is.</li> <li>• To know what a prototype is.</li> <li>• To know how to apply the design process to create a</li> </ul>	<p>Inflate Deflate Input movement Output movement Pressure Compression Pneumatic system Tubing Syringe Plunger Pump Seal Airtight</p>	15
<p><b>Teddy Bear from Recycled School Uniform</b></p> 	<p>Can I design, make and evaluate a new repurposed product from a second-hand pillowcase to promote a sustainable culture?</p>	<p><b>Research</b></p> <ul style="list-style-type: none"> <li>• Explore the importance of recycling and repurposing old items to reduce waste.</li> <li>• Investigate different styles of teddy bears and the materials used to make them.</li> </ul> <p><b>Design/Make/Evaluate</b></p> <ul style="list-style-type: none"> <li>• Create a design for a teddy bear made from old school uniforms, considering the shape and features.</li> <li>• Include details on how different parts will be joined and reinforced.</li> <li>• Use a range of stitches, including back stitch, to sew the teddy bear.</li> <li>• Carefully cut pieces from old uniforms and join them securely, ensuring a neat and strong finish.</li> <li>• Compare the teddy bear to the original design, discussing its appearance and sturdiness.</li> <li>• Reflect on how well the recycled materials worked and suggest any improvements.</li> </ul> <p><b>Technical Knowledge</b></p> <ul style="list-style-type: none"> <li>• Learn to use a variety of stitches, including back stitch, for different purposes.</li> <li>• Understand how to use different fabrics effectively and how to make strong joints.</li> </ul>	<ul style="list-style-type: none"> <li>• To know that materials can be recycled into new products.</li> <li>• To know a range of different fastenings and how to join them.</li> <li>• To know a variety of stitches.</li> <li>• To know the design process.</li> <li>• To know what a template is and how to use it.</li> </ul>	<p>Fabric, names of fabrics, finishing technique, running stitch, backstitch, whipstitch, seam, seam allowance, stitch. recycling, upcycling and repurposing</p>	12

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<p>Explore understanding of food – herbs and spices</p> 	<p>Tomato Sauce Biscuits Spring Rolls (sweet and savoury)</p>	<p><b>Explore and develop skills in cutting, peeling, mixing, blending, grating, baking, weighing and measuring, rolling/folding, frying/boiling/reducing</b></p> <p><b>Design/Make/Evaluate</b></p> <ul style="list-style-type: none"> <li>• Know that preparing foods in different ways produces a variety of outcomes, in terms of appearance and appeal.</li> <li>• Use a greater variety of preparation techniques.</li> <li>• Design, make and evaluate products made by themselves.</li> <li>• Evaluate products made by themselves and others, offering suggestions for improvement.</li> </ul> <p><b>Nutrition</b></p> <ul style="list-style-type: none"> <li>• Know that different foods affect bodily and oral health.</li> <li>• Know that some people have allergies or intolerances to specific foods or food groups.</li> <li>• Explore how food contains different amounts of energy, knowing which foods are energy dense.</li> </ul> <p><b>Consumer Awareness</b></p> <ul style="list-style-type: none"> <li>• Explore an understanding that food is grown, reared or caught in the UK or wider world and brought to the UK.</li> <li>• Understand ingredients can be fresh, pre-cooked or processed.</li> <li>• Develop an understanding of consumer choices.</li> <li>• Explore understanding of portion size.</li> </ul> <p><b>Food Safety and Hygiene</b></p> <ul style="list-style-type: none"> <li>• Explain how to be safe / hygienic and follow guidelines.</li> <li>• Know that food packaging and labels provide a source of information</li> <li>• Explore the importance of correct food storage</li> </ul>	<ul style="list-style-type: none"> <li>• To know the name for different cooking methods.</li> <li>• To know the correlation between seasonality, location and cost of foods.</li> <li>• To know food can travel far and this impacts the cost/climate.</li> <li>• To know what Fairtrade is.</li> <li>• To know the names of at least 8 herbs and spices and their effect upon a dish.</li> </ul>	<p>spice, savoury, cinnamon, nutmeg, flavour, ginger, zest identifiable flavour characteristics - cooling, earthy, floral, fruity, herbaceous, hot, nutty, piney, pungent, spicy, woody Source, journey, health benefits, origins</p>	<p>12, 2, 9</p>
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