



All Saints CE First School

Loving and learning with Jesus

“Let your light shine before you”

Matthew 5:16

PSHE (Including Relationships & Health Education) Policy

Our Vision

Loving and learning with Jesus

“Let your light shine before you” – Matthew 5:16

As a Church of England school and a member of the Innovate2Educate Partnership the teachings of Jesus and our Christian values are at the heart of all we do. Our children and staff serve with courage, compassion, aspiration and hope to live life in all its fullness, allowing them to flourish and shine.

Our Mission

- **FAITH:** Providing an environment where Christian values underpin all we do.
- **LEARNING:** Achieving high standards by identifying and providing for the needs and talents of each pupil.
- **OPPORTUNITY:** Providing opportunities for pupils to be curious, creative and inspired.
- **UNDERSTANDING:** Establishing a caring community recognising equality and diversity.
- **RESPECT:** Promoting high standards of behaviour and responsibility.
- **INDEPENDENCE:** Helping children become confident and self-assured learners.
- **SELF-MOTIVATION:** Fostering resilience and perseverance.
- **HAPPINESS:** Creating a safe, nurturing environment in which children flourish.

Policy Statement

At All Saints CE First School, PSHE (including Relationships and Health Education) is central to safeguarding, wellbeing and the holistic development of every child. Rooted in our Christian vision, this policy ensures pupils receive high-quality, age-appropriate and inclusive education equipping them to flourish safely and confidently.

This policy complies with the DfE Relationships Education and Health Education guidance (2019, statutory from September 2020), Keeping Children Safe in Education, the Prevent Duty and the Equality Act 2010.

Aims

- Provide accurate, age-appropriate knowledge about relationships, health and wellbeing.
- Develop resilience, emotional literacy and positive mental health.
- Teach pupils how to form respectful relationships and understand boundaries.
- Equip pupils with safeguarding knowledge including online safety awareness.
- Promote diversity, equality and respect for all.
- Encourage help-seeking behaviour and confidence in reporting concerns.
- Prepare pupils for physical and emotional changes of growing up.
- Embed Christian values within personal development.

Statutory Framework

This policy reflects the Relationships Education, Relationships and Sex Education and Health Education (England) Regulations 2019 and is statutory from September 2020.

In primary schools, Relationships Education and Health Education are statutory. Sex Education beyond the National Curriculum for Science is non-statutory.

Curriculum Structure

Our curriculum follows three core themes: Health & Wellbeing, Relationships, and Living in the Wider World. It is delivered through the 1decision programme and is progressive from EYFS to KS2.

Statutory Relationships Education

The curriculum covers Families, Caring Friendships, Respectful Relationships, Online Relationships and Being Safe.

Statutory Health Education

The curriculum covers Mental Wellbeing, Internet Safety and Harms, Physical Health and Fitness, Healthy Eating, Drugs, Alcohol and Tobacco, Health and Prevention, Basic First Aid and Changing Adolescent Body.

Safeguarding

Safeguarding underpins PSHE. Pupils learn to recognise unsafe situations, understand appropriate boundaries, identify trusted adults, and report concerns. Disclosures are managed in line with the school Safeguarding Policy.

PSHE supports the Prevent Duty and includes age-appropriate understanding of online risks, child-on-child abuse, and harmful behaviours.

Parental Rights and Consultation

Parents may withdraw their child from non-statutory sex education by written request to the Headteacher. Parents cannot withdraw from statutory Relationships or Health Education.

The policy is published on the school website and reviewed regularly in consultation with parents and governors.

Assessment and Monitoring

Assessment is formative and focuses on knowledge, skills and attitudes. Monitoring includes pupil voice, learning walks and curriculum review.

Review

Reviewed: _____

Next Review: _____

Approved by Governing Body: _____