



PSHE & RHE Curriculum Plan

KS1 – Y1 & Y2

	Autumn 1	Autumn 2	Spring 1	Spring 2	Summer 1	Summer 2
Module Topic	Keeping/Staying Safe	Keeping/Staying Healthy	Relationships	Being Responsible	Feelings and Emotions	Computer Safety
Week 1	Baseline Assessment	Baseline Assessment	Baseline Assessment	Baseline Assessment	Feelings & Emotions	Online Bullying
Week 2	Road Safety	Healthy Eating	Relationships	Practice Makes Perfect	Worry	Image Sharing
Week 3	Leaning Out of Windows	Brushing Teeth	Body Language	Helping Someone in Need	Anger	Making Friends Online
Week 4	Staying Safe	Washing Hands	Friendship	Stealing	Grief	Computer Safety Documentary
Week 5	Tying Shoe Laces	Medicine	Touch	Water Spillage	Assessment	Assessment
Week 6	Assessment	Assessment	Assessment	Assessment	Fire Safety	Hazard Watch

Additional Modules	
Module Topic	Our World
Week 1	Growing & living in Our World
Week 2	Working in and Looking After Our World

KS2 – Y3 & Y4

	Autumn 1	Autumn 2	Spring 1	Spring 2	Summer 1	Summer 2
Module Topic	Keeping/Staying Safe	Keeping/Staying Healthy	Relationships/Growing and Changing	Being Responsible	Feelings and Emotions	Computer Safety
Week 1	Baseline Assessment (5-8)	Baseline Assessment (5-8)	Baseline Assessment (5-8)	Baseline Assessment (5-8)	Worry (5-8)	Making Friends Online (5-8)
Week 2	Staying Safe (5-8)	Brushing Teeth (5-8)	Body Language (5-8)	Helping Someone in Need (5-8)	Anger (5-8)	Computer Safety Documentary (5-8)
Week 3	Leaning Out of Windows (5-8)	Medicine (5-8)	Touch (5-8)	Stealing (5-8)	Grief (5-8)	Image Sharing (5-8)
Week 4	Summative Assessment (5-8)	Summative Assessment (5-8)	Summative Assessment (5-8)	Summative Assessment (5-8)	Summative Assessment (5-8)	Summative Assessment (5-8)
Week 5	Baseline Assessment (8-11)	Baseline Assessment (8-11)	Baseline Assessment (8-11)	Baseline Assessment (8-11)	Baseline Assessment (8-11)	Baseline Assessment (8-11)
Week 6	Cycle Safety (8-11)	Healthy Living (8-11)	Appropriate Touch (8-11)	Coming Home on Time (8-11)	Jealousy (8-11)	Online Bullying (8-11)

Additional Modules		
Module Topic	The Working World	A World Without Judgement
Week 1	Chores at Home	Breaking Down Barriers